



The Night Before Surgery

- ✓ Have a regular meal with fluids (water) at a *reasonable* time (Before 10:00 PM – *** unless advised otherwise by the Anesthesiologist).
- ✓ GET A GOOD NIGHT’S SLEEP.
- ✓ MEDICATIONS should be taken/postponed as directed by the Anesthesiologist.

The Day Of Surgery

- ✓ **DO NOT EAT OR DRINK ANYTHING.** If you have an afternoon appointment Dr. Yancey will give you further instructions regarding your diet.
- ✓ BRING A BLANKET
- ✓ Dress Appropriately:

YES	NO
Loose Fitting Clothes T-Shirt Short-Sleeved Shirt Shorts 2-Piece Pajamas Socks	Leggings covering the feet Footsies Onesies

- ✓ HAIR
 - Long hair to be tied back *low* on the head.
 - NO Braids.
- ✓ NO Jewelry (Earrings, finger rings, necklaces, bracelets, watches)
- ✓ NO Valuables

The Anesthesiologist reserves the right to cancel the scheduled surgical appointment for any reason that may jeopardize the safety of the anesthetic procedure.

QUESTIONS OR NOT SURE OF SOMETHING?

Please call or text Dr. Yancey at 317-459-0738